

MANAZ OLUJIMI, M.S. ED.

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EDUCATION

Digital Leadership

The Wharton School

Master of Science in Education (M.S. Ed.), Entrepreneurship and Technology

Summa cum laude

University of Pennsylvania, Graduate School of Education (Penn)

Bachelor of Arts (AB), Psychology and Social Science

Cum laude; recognized on Dean's List for academic excellence

Harvard University Extension School

- Selected by professor as one of five students to lead the development and facilitation of a new, diversity-focused curriculum on cultural relations.

AREAS OF EXPERTISE

- ✓ **Curriculum & Program Design** – 15+ years designing research-based learning experiences across youth, adult, and trauma-informed contexts.
- ✓ **Project & Program Management** – Leads cross-functional initiatives with strong systems thinking, timeline ownership, and delivery of high-impact results in education, wellness, and content strategy.
- ✓ **Instructional Strategy & Facilitation** – Designs and facilitates emotional literacy, relational health, and personal development programs that drive measurable transformation.
- ✓ **Strategic Content Development** – Expert in translating complex ideas into clear, brand-aligned content for public-facing platforms, education campaigns, and executive communications.
- ✓ **Social Science & Cultural Analysis** – Social scientist with a deep grounding in emotional intelligence, DEIB, and trauma-informed practice; certified through Brené Brown Education & Research Group.
- ✓ **Research & Critical Inquiry** – Harvard-trained researcher on structural violence and Black mental health; authored thesis framing race-based trauma as a public health crisis in U.S. healthcare.
- ✓ **Community Engagement & Advocacy** – Proven success in designing and delivering programming for high-impact populations, including survivors of IPV, students, and justice-impacted communities.

CERTIFICATIONS

Stop, Breathe, Believe: A Practical Tool for Teaching Self-Compassion

Brené Brown Education and Research Group (BBEARG)

Test of Self-Conscious Affect (TOSCA) Best Practices

Brené Brown Education and Research Group (BBEARG)

Comfort & Courage: Polarities to be Leveraged

Brené Brown Education and Research Group (BBEARG)

Daring Way™ Facilitator (CDWF)

The Daring Way

Personal Development and Effective Communication

Inner Visions Institute for SD (IVISD)

RESEARCH EXPERIENCE

Harvard University Extension School - Undergraduate Reading and Research Thesis

Supervisor: Dr. Dante Spetter, PhD

Thesis Title: ["Black Lives Do Not Matter: The Syndemic Reality of Black Lives, Structural Violence Impacts, and Mental Health Outcomes"](#)

- Conducted interdisciplinary research on how structural violence shapes Black mental health across psychology, sociology, history, political science, and healthcare.
- Identified systemic gaps in medical education, including insufficient training in racism and cultural competency.
- Defined untreated race-based trauma as a syndemic – an overlapping crisis rooted in erasure, neglect, and systemic devaluation.
- Framed racialized trauma as a public health emergency demanding structural reform and accountability.

TEACHING EXPERIENCE

The Daring Way

Facilitator

- Educated 150+ individuals using research-based curricula on vulnerability, courage, and worthiness, fostering significant personal growth.
- Developed and designed comprehensive emotional literacy and relational health programs tailored to diverse audiences.
- Achieved 48-74% improvement in participants' mental health, interpersonal relationships, and emotional management.
- Created engaging and interactive learning experiences through workshops, group discussions, and individual sessions.

PUBLICATIONS

Olujimi, M. (2013). Part II, Day 9, I Forgive My Choices. *Forgiveness: 21 Days to Forgive Everyone for Everything*. Iyanla Vanzant. SmileyBooks, Carlsbad, CA.

Olujimi, M. (2018). Contributor. Vanzant, I. (2018). *Get Over It! Thought Therapy for Healing the Hard Stuff*. Hay House, Inc., Carlsbad, CA.

Olujimi, M. (2017-2018). Podcast Co-host. "The Query."

PRESENTATIONS

The Query Podcast

- Co-created conversations on digital platforms as co-host with former classmate on topics of race, privilege, and interpersonal relationships, through a lens of psychology and emotional/spiritual wellness.

House of Ruth Maryland (HORM)

- Led roundtable discussions with 24 HORM leadership and therapists to address and resolve community conflicts among 50+ residents.
- Introduced tools and methods for effective communication and conflict transformation, fostering a collaborative environment.
- Received 20+ positive reports from participants on improved mental and emotional behaviors and decreased conflict among residents.
- Enhanced interpersonal engagement and established trust within the community and cohort through strategic facilitation.

VOLUNTEER WORK

Bowie High School

Curriculum Design & Teacher

- Conducted individual interviews with 15 high school students to assess their experiences, moods, and mental and emotional health needs.
- Developed and taught curriculum to students in pilot after-school program on topics of loss, grief, and interpersonal relationships, fostering open and personal dialogues.
- Promoted critical and analytical thinking through scaffolding learning and growth mindset methods.
- Benchmarked learning outcomes, with 100% of students reporting improved understanding and navigation of emotional challenges.
- Co-created a supportive environment that encouraged students to introspect and develop new perspectives on their experiences.

Grassroots Law Project

Community Advocate

- National community call team volunteer in advocacy for prioritizing education, civil rights reform, and criminal legal injustice by campaign, phone calls, and emails to state/local officials, and the Supreme court. Volunteer projects: *Cops and No Counselors* (Lexington, Kentucky); *Care Responders Over Cops* (Cleveland, OH); *Ma'Khia Bryant*; *Rodney Reed*; *Ahmaud Arbery*; *Julius Jones*, and *Breonna Taylor*.

House of Ruth Maryland (HORM)

Curriculum Design & Facilitator

- Designed and taught psychoeducation workshop series at intimate partner violence center to 50 battered women on self-development, self-empowerment, and emotional wellness.
- Contributed to increased community participation and improved attendance among former drop-out residents, as noted by leadership.

Iyanla Vanzant Enterprises

Writer & Coach

- One of five coaches assigned to compose weekly email responses for viewers of "Iyanla's Fixins," a YouTube series that explored deep dives into topics from network TV show "Iyanla: Fix My Life."
- Analyzed and synthesized viewers complex personal challenges, providing clear, actionable and tailored advice.
- Received consistent positive feedback from viewers who reported significant improvements in their lives and relationships after applying principles and tools from coaching advice provided.